



# Measuring Guide

Have someone else measure you. Keep tape straight, but not tight. Measure over undergarments or other clothing that will be worn under your uniform. If your measurements fall between two sizes, order the larger size.

## Measuring Men

**NECK:** On a shirt that fits you well, lay collar flat. Measure collar from center of collar button to far end of collar buttonhole (See Measurement A). Or, measure comfortably around neck.

**CHEST:** Measure around the fullest part of chest, keeping tape up under arms and across the shoulder blades (See Measurement B).

**WAIST:** Measure around waist over shirt (not slacks) at position you wear slacks. Keep one finger between tape and body. Or, measure the waistband of a well fitting pair of similar slacks, zipped and closed (See Measurement C).

**SLEEVE:** Measure from center of neck at back of collar, over the shoulder, along arm, behind elbow, to wrist bone. Or, take marked sleeve length sizing from a dress shirt that fits you properly (See Measurement D).

**INSEAM LENGTH:** Lay well-fitting, similarly styled pair of slacks flat with crease at back and front. Lift one leg and measure from crotch seam to bottom of slacks leg (See measurement E).

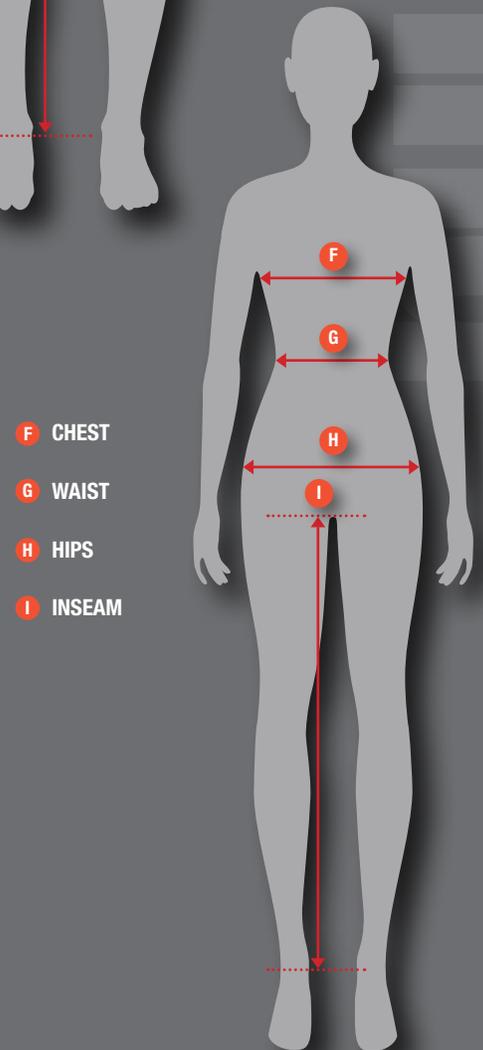
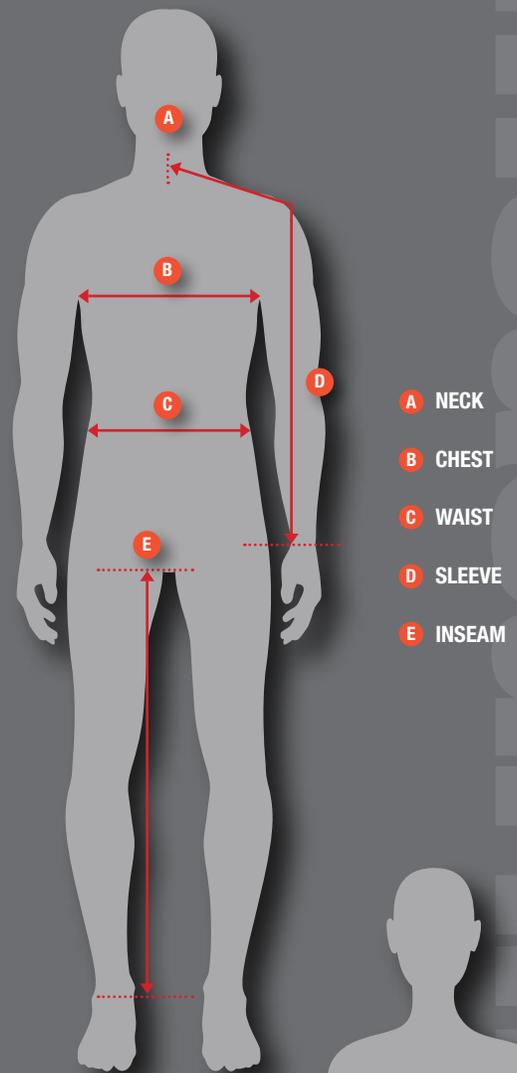
## Measuring Women

**BUST:** Holding tape gently, measure around fullest part of bust. Keep tape straight and level (See Measurement G).

**WAIST:** Measure around the smallest part of natural waistline. Hold tape firmly, but not tightly. Keep the tape level and be sure to stand naturally (See Measurement H).

**HIPS:** Measure around the fullest part of hips. Hold the tape measure firmly, but not tightly. Keep the tape measure straight and level (See Measurement I).

**INSEAM LENGTH:** Lay well-fitting, similarly styled pair of slacks flat with crease at back and front. Lift one leg and measure from crotch seam to bottom of slacks leg (See Measurement J).



# GARMENT SIZING CHARTS

## MALE/UNISEX SHORT SLEEVE SHIRTS

SIZE	XS	S	M	MT*	L	LT*	XL	XLT*	2XL	2XLT*	3XL	3XLT*	4XL	4XLT*
NECK	13-13.5"	14-14.5"	15-15.5"	15-15.5"	16-16.5"	16-16.5"	17-17.5"	17-17.5"	18-18.5"	18-18.5"	19-19.5"	19-19.5"	20-20.5"	20-20.5"
CHEST	34-37"	38-41"	42-45"	42-45"	46-48"	46-48"	49-52"	49-52"	53-56"	53-56"	57-60"	57-60"	61-64"	61-64"
CBL	30.5"	31"	31.5"	33.5"	32"	34"	32.5"	34.5"	33"	35"	33.5"	35.5"	34"	36"

\*"T" = Additional 2" in CBL (Center Back Length)

## MALE/UNISEX LONG SLEEVE SHIRTS

SIZE	XSM	SM	MM	ML*	LM	LL*	XLM	XLL*	2XLM	2XLL*	3XLM	3XLL*	4XLM	4XLL*
NECK	13-13.5"	14-14.5"	15-15.5"	15-15.5"	16-16.5"	16-16.5"	17-17.5"	17-17.5"	18-18.5"	18-18.5"	19-19.5"	19-19.5"	20-20.5"	20-20.5"
CHEST	34-37"	38-41"	42-45"	42-45"	46-48"	46-48"	49-52"	49-52"	53-56"	53-56"	57-60"	57-60"	61-64"	61-64"
CBL	30.5"	31"	31.5"	33.5"	32"	34"	32.5"	34.5"	33"	35"	33.5"	35.5"	34"	36"
SLEEVE	33"	33"	33"	35"	35"	37"	35"	37"	35"	37"	35"	37"	35"	37"

\*"L" = Additional 2" in CBL (Center Back Length)

## FEMALE SHORT SLEEVE SHIRTS

SIZE	2 (S) (T)	4 (S) (T)	6 (S) (T)	8 (S) (T)	10 (S) (T)	12 (S) (T)	14 (S) (T)	16 (S) (T)	18 (S) (T)	20 (S) (T)	22 (S) (T)	24 (S) (T)
NECK	12.5"	13"	13.5"	14.5"	15"	15.5"	16"	16.5"	17"	17.5"	18"	18.5"
CHEST	38"	39"	40"	41"	42.5"	44"	45.5"	47.5"	50.5"	52.5"	54.5"	56.5"
CBL	27.25"	27.5"	27.75"	28"	28.25"	28.5"	28.5"	29.5"	29.5"	30.5"	30.5"	31.5"

\*\*"S" = Short Length/ Minus 1" in Sleeve and CBL (Center Back Length)    \*\*"T" = Long Length/ Additional 1" in Sleeve and CBL (Center Back Length)  
Female Shirts Available on a "Made to Order" Basis

## FEMALE LONG SLEEVE SHIRTS

SIZE	2 (S) (L)	4 (S) (L)	6 (S) (L)	8 (S) (L)	10 (S) (L)	12 (S) (L)	14 (S) (L)	16 (S) (L)	18 (S) (L)	20 (S) (L)	22 (S) (L)	24 (S) (L)
NECK	12.5"	13"	13.5"	14.5"	15"	15.5"	16"	16.5"	17"	17.5"	18"	18.5"
CHEST	38"	39"	40"	41"	42.5"	44"	45.5"	47.5"	50.5"	52.5"	54.5"	56.5"
CBL	27.25"	27.5"	27.75"	28"	28.25"	28.5"	28.5"	29.5"	29.5"	30.5"	30.5"	31.5"
SLEEVE	29.25"	30.5"	30.75"	31"	31.25"	31.5"	31.75"	32"	32.25"	32.5"	32.75"	33"

\*"S" = Short Length/ Minus 1" in Sleeve and CBL (Center Back Length)    \*\*"L" = Long Length/ Additional 1" in Sleeve and CBL (Center Back Length)  
Female Shirts Available on a "Made to Order" Basis

## MALE/DELUXE/DELUXE 6-POCKET/EMS/HEAVY WEIGHT DUTY/DUTY PANTS/SHORTS/WESTERN JEANS

SIZE	28	29	30	31	32	33	34	35	36	37	38	40	42	44	46	48	50	52	54
WAIST	28"	29"	30"	31"	32"	33"	34"	35"	36"	37"	38"	40"	42"	44"	46"	48"	50"	52"	54"

Pants Unfinished Inseam Length: 37.5" Shorts Inseam Length: 11"

## FEMALE/DELUXE/DELUXE 6-POCKET

Point of Measurement	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
WAIST	28"	30"	31.5"	33"	34.5"	36"	37"	38"	38.5"	39"	42"	43.5"	45.5"	48"	50"
HIP	38"	40"	41.5"	43.25"	44"	45.5"	47"	48"	50"	52"	53.5"	55"	57"	58.5"	61"

Unfinished Inseam Length: 36"

## MALE/UNISEX BDU ATTACK PANTS

SIZE	28	30	32	34	36	38	40	42	44	46	48
WAIST	28"	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"

Finished Inseam Lengths: S-31", R-33" and L-35"

## MALE/UNISEX TRI-CERTIFIED PANTS

SIZE	28	30	32	34	36	38	40	42	44	46	48	50	52	54
WAIST	28"	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"	54"

Unfinished Inseam Length: 37.5"

## POLO SHIRT/T-SHIRT

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
CHEST	30-33"	34-37"	38-41"	42-45"	46-49"	50-53"	54-57"	58-61"	62-65"

## JOB SHIRT

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
CHEST	36-39"	40-43"	44-47"	48-51"	52-55"	56-59"	60-63"	64-67"	68-71"

## ACTION LINE JACKET/LINER

SIZE	XS	S	SL*	M	ML*	L	LL*	XL	XLL*	2XL	2XLL*	3XL	3XLL*	4XL	4XLL*
CHEST	40-42"	44-46"	44-46"	48-50"	52-54"	52-54"	56-58"	56-58"	60-62"	60-62"	64-66"	64-66"	68-70"	68-70"	
CBL	26"	26.5"	28.5"	27"	29"	27.5"	29.5"	28"	30"	28.5"	30.5"	29"	31"	29.5"	
SLEEVE	33"	33"	35"	35"	37"	36"	38"	36"	38"	37"	39"	37"	39"	40"	

\*"L" = Additional 2" in CBL (Center Back Length)